

HOW TO USE NALOXONE



HAWAII HEALTH
& HARM REDUCTION CENTER
The New Campus, the Old Foundation and the CHOW Project



WHAT IS NALOXONE?

Naloxone temporarily blocks and reverses the effects of opioids and can be used to treat a known or suspected overdose.

Naloxone will not work on the effects of overdose caused by other substances (e.g. alcohol, benzodiazepines, etc.).

It may take 2 to 5 minutes to start working and may require more than one dose.



NASAL SPRAY NALOXONE

- 1 Peel back the package to remove device
- 2 Place top of nozzle into either nostril until fingers touch the bottom of patient's nose
- 3 Press the plunger firmly to give dose
- 4 If not response in 3 minutes, give second dose, if available



REFILL & STORAGE

Please get a refill of Naloxone if:

- One or more doses were used
- Any piece of the applicator is lost or damaged
- it is expired or nearing the expiration date

If possible, store Naloxone at room temperature, away from direct sunlight

IN CASE OF OVERDOSE

- 1 **Call 911**
Stay until help arrives
- 2 **Give Naloxone**
See instructions. If no response in 3 minutes, give second dose
- 3 **Stay until help arrives**
Make sure the person does not take more opioids. If the person is still unresponsive, lay them on their side and wait for help
- 4 **Rescue breathing and/or CPR, if trained**
Follow instructions from the 911 dispatcher

IMPORTANT

- Share this info with family and friends, and discuss an action plan in case of emergency
- Tell them where your Naloxone is and how to use it

RESOURCES

Visit HawaiiOpioid.org/prevent-overdose for more information